

Track: BTT Zona Media, Monteplano de Olite

IBP = 28 BTT

Total length	41.92 Km
Analyzed distance	41.92 Km
Lineal distance	0.04 Km

Accumulated climb	315.71 m
Accumulated descent	322.18 m
Maximum height	470.61 m
Minimal height	378.11 m
Climb rate	3.11 %
Descent rate	3.38 %
Positive climb difference per km	7.53 m
Negative descent difference per km	7.69 m

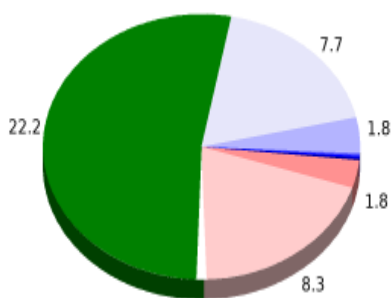
Total time	3:14:07 h
Time in movement	3:14:07 h
Stopped time	0:00:00 h

Total speed average	12.96 Km/h
Average speed in movement	12.96 Km/h
Maximum held speed	14.48 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	2217 (cad. 18.91 m)
Significant points	1042 (cad. 40.27 m / 47 %)
Aberrant points	0 (0 % d. total)

Direction changes per km	10.95
Direction changes >5° per km	6.66
Accumulated straight stretches	12.724 Km
Straight stretches per km	303.53 m
Penalizable slope changes	1
Penalizable slope changes per km	0.024

Summary of slopes



Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
Between 15 and 30%	0	0	0	0:00:00
Between 10 and 15%	0	0	0	0:00:00
Between 5 and 10%	1.839	4.39	12.88	0:08:34
Between 1 and 5%	8.297	19.79	12.95	0:38:26
Total :	10.135	24.18	12.94	0:47:00
Plain				
Difference of 1%	22.237	53.05	12.98	1:42:49
Breakdown descents				
Between 1 and 5%	7.652	18.26	12.96	0:35:26
Between 5 and 10%	1.82	4.34	12.8	0:08:32
Between 10 and 15%	0.04	0.1	12.12	0:00:12
Between 15 and 30%	0.031	0.07	14.04	0:00:08
Total :	9.544	22.77	12.93	0:44:18
Total track :	41.92	100 %	12.96	3:14:07